

## Starters

<b>Crab Cakes</b> .....	\$10.50	<b>Baked Brie</b> .....	\$11.50
Served on bed of greens with salsa fresca and Chardonnay butter.		With toasted almonds, grilled vegetables, fresh fruit and roasted garlic.	
<b>Smoked Seafood Platter</b> .....	\$11.00	<b>Bruschetta</b> .....	\$8.50
With salsa fresca and Chardonnay butter.		With eggplant, fresh basil, and goat cheese.	
<b>Avalon Gumbo</b> .....	\$8.50	<b>Soup Du Jour</b> .....	\$3.50 cup \$4.50 bowl
With smoked pork, sausage, shrimp, wild rice and mixed legumes.		Inquire with server for todays selection.	

## Salads

<b>Avalon</b> .....	\$8.50
Fresh greens with julienne vegetables, heart of palm, artichoke hearts, toasted almonds, and blue cheese.	
<b>Cobb</b> .....	\$9.00
Chopped mixed greens tossed with smoked chicken, bacon blue cheese and diced garden vegetables.	
<b>Pesto Salad</b> .....	\$9.50
Garden greens served with grilled chicken, pesto, and romano cheese.	
<b>Mediterranean</b> .....	\$8.50
Goat cheese, Kalamata olives, roasted red peppers, balsamic vinegar, artichokes and olive oil.	
<b>Weston</b> .....	\$9.00
Avalon's homemade chicken salad on a bed of mixed greens with julienne vegetables and roasted almonds.	
<b>Spinach</b> .....	\$8.50
Topped with goat cheese, pine nuts and kalamata olives.	
<b>Fresh Garden Salad</b> .....	\$4.00 petite or \$7.50 full

Make any salad above a petite salad for \$5.25 or add chicken to any salad for \$2.75

Choose any petite salad with a cup of soup for \$8.75.

## Wood Grilled Pizza

<b>Shrimp and Sausage</b> .....	\$10.50
Cajun shrimp, andouille sausage, chipotle pepper and provolone cheese.	
<b>Vegetarian</b> .....	\$9.50
Grilled eggplant, portabella mushroom, fresh spinach and goat cheese.	

## Pastas

<b>Fettuccini with Smoked Pork and Italian Sausage</b> .....	\$10.00
Tossed with Avalon's homemade marinara, fresh spinach and Romano cheese.	
<b>Chicken Pesto Linguini</b> .....	\$9.50
Tossed with smoked chicken and our special pesto cream sauce.	
<b>Sauteed Fresh Seafood</b> .....	\$12.00
Tossed with pasta, garden vegetables, Marsala and fresh cream topped with grated Romano	
<b>Poached Fresh Seafood</b> .....	\$12.00
Tossed with pasta, garden vegetable, Chardonnay and marinara.	
<b>Pasta Primavera</b> .....	\$9.00
Garden vegetables, artichokes, Marsala wine and fresh cream topped with Romano cheese.	
<b>Beef Tenderloin Tips</b> .....	\$10.50
Tossed with pasta, mushrooms, diced vegetables, veal stock and finished with bourbon and fresh cream.	
<b>Sauteed Chicken Penne Pasta</b> .....	\$10.00
With eggplant, provolone cheese, and marinara	