

Sandwiches

Grilled Chicken Breast	\$9.00	Grilled Pork Tenderloin	\$8.00
With homemade pesto, goat cheese, herb mayonnaise served on focaccia bread.		With Cheddar cheese, whole grain mustard served on baguette bread.	
Avalon's Ham and Slaw	\$8.25	Grilled Portabella Mushroom	\$8.50
With Swiss cheese and whole grain Mustard.		With eggplant, goat cheese and sun-dried tomato aiola served on focaccia bread.	
Grilled Italian Sausage	\$8.50	Grilled Pocket Pita	\$8.00
With peppers, mushrooms and onions, provolone cheese, whole grain mustard served on baguette bread.		With kalamata olives, goat cheese, grilled onions, peppers, and mushrooms with sundried tomato aiola.	
Smoked Chicken Salad	\$9.00	Spiced Sliced Roast Beef	\$8.00
Tossed with herb mayonnaise, whole grain mustard and diced vegetables served on a croissant.		With cheddar cheese, grilled onions, peppers and mushrooms with chipotle pepper aiola served on focaccia bread.	
Heavenly Hero	\$8.50		
Smoked turkey, ham and bacon topped with Swiss and cheddar cheese served on croissant with herb mayonnaise.			

Avalon's Signature Steak Burgers

Gourmet Burger	\$9.50	Bacon Cheddar Burger	\$9.50
Provolone cheese, grilled onion, peppers and mushrooms		Blue Cheese Burger	
Cajun Pepper Burger	\$9.50	Mushroom and Swiss Burger	
		\$9.50	

Luncheon Entrees

Grilled Trout with Herb Butter Sauce	\$10.50
Grilled Pork with 'whole Grain Mustard Sauce	\$11.25
Cajun Shrimp with Wild Rice	\$12.25
Grilled Kabob with Wild Rice	\$11.95
Grilled Salmon with Almonds and Chardonnay Butter	\$12.25
Grilled Chicken Breast with Artichoke Sauce	\$11.25
Grilled Petite Filet with Bourbon Mushroom Sauce	\$16.00
Applewood Smoked Ribs	\$11.00 Half \$20.00 Full

Entrees include a medley of fresh vegetables.

For the Heartier Appetite

Western Duo Mixed Grill	\$22.00
Filet of Beef Tenderloin	\$24.00
Accompanied by Avalon's Missouri bourbon sauce.	
Duckling with Lingonberries and Chambord	\$21.50
Ostrich Filet	\$22.50
With a medley of berries and port wine.	

Entrees are served with a medley of fresh vegetables, sauteed potatoes, and a house salad.